

Niamh Kissane

**Chartered Physiotherapist
Pearse Street Physiotherapy Clinic
79 Pearse St.
Dublin 2**

Date of Birth: 13 April 1977

Education Background

2005 Masters in Manual Therapy
Centre of Musculoskeletal Studies, University of Western Australia,
Perth, Australia

Masters programme with a 12 week on-site placement with studies on clinical reasoning, diagnosis, manual therapy skills and musculoskeletal rehabilitation.

The external study modules were based on the subjects of musculoskeletal biomechanics, pathology and neurophysiology.

2004 Certificate in Orthopaedic Manual Therapy
Curtin University, Perth, Australia

Four-week course based on improving existing and new manual therapy and manipulative treatment skills with masterclasses in pain physiology and neurophysiology.

1999 B. Physiotherapy

Honours degree from University College Dublin.

Work Experience

Present Pearse Street Physiotherapy Clinic
2006 – Present Naas Physiotherapy Clinic, Millenium House,
Naas, Co. Kildare.

Duties include assessment and rehab of musculoskeletal disorders and sports injuries, as well as correspondence with other health professionals' in the progression and decision-making of a clients' management.

2004 – 05 Sportsmed Clinic, Christchurch, New Zealand

2004 South Sydney Sports Medicine Clinic, Kensington, Sydney, Australia

Large multidisciplinary sports clinic that included sports physicians, massage therapists, podiatrists, sports chiropractors, and dieticians. In Sydney I worked closely with two of Australia's leading rugby league teams, Sydney Roosters and South Sydney. In Christchurch I managed triathletes, cyclists and multi-sport competitors.

2002 - 03 Newcastlewest Physiotherapy Clinic, Co. Limerick
Castletroy Physiotherapy Clinic, Limerick

1999 – 01 Tralee General Hospital, Co. Kerry
Mater Misericordiae Hospital, Eccles St., Dublin 7

Rotational physiotherapist working in neurology, orthopaedics, rheumatology, spinal injuries, and respiratory disciplines as well as providing on-call services and weekend emergency duties.

Additional Work Experience

2006

Lecturing on 'Athletic Injuries' as part of CPSEM (chartered physiotherapists in sports and exercise medicine) courses on 'Sports Injury Management' for physiotherapy graduates interested in sports.

2003 – Present

In-house clinic lectures/talks with fellow colleagues on the assessment and treatment of musculoskeletal injuries.

2006 – Present

CPMT Committee member (Chartered Physiotherapist in Manual Therapy).

Aid in organizing manual therapy courses for new graduates, and arranging international speakers for physiotherapists interested in

musculoskeletal management. My role also includes editing the annual CPMT newsletter.

2006 – Present

Assisted with CPSM and the Dublin Marathon to coordinate physiotherapy support at the marathon finish line and editing information leaflets for athletes in pre- and post marathon preparation and recovery.

Sports Experience

2002 – Present Athletics Ireland

Physiotherapy support to Athletics Ireland Senior and Junior squads. Duties include working at overseas competitions and training camps, performing screening tests, as well as liaising with athlete's coaches and home physiotherapist/sports physician.

2002 European Senior Track & Field Championships, Munich, Germany

2003 European Junior Track & Field Championships, Tampere, Finland

2006 Europa Cup Mens League II, Bratislava, Slovakia

2006 European Cross Country Championships, Milan, Italy

2007 Junior Squad Training Camp, Spala, Poland

2007 European Junior Track and Field Championships, Hengelo, The Netherlands

2007 European Cross Country Championships, Toro, Spain

2002 – Present National Track & Field Championships and Cork City Sports.

1999 – 2003 GAA

Physiotherapy and on-pitch assistance to Gaelic football and hurling clubs in Co. Kerry and Limerick.

St. Brendan's GAA, Ardfert, Co. Kerry

Ahane GAA, Co. Limerick

Kerry U21 Hurling

2002 – 2003 Rugby Union

Young Munster RFC, Limerick

Nenagh RFC, Nenagh, Co. Tipperary

Additional Courses/Skills

- 2008 Jill Cook: Masterclass in Tendonopathies
- 2007 Acupuncture Foundation Course & British Medical
Acupuncture Society Member
- 2007 Sports Functional Rehabilitation and Exercise Prescription
- 2006 PPL Biomechanics and Orthotic Prescription
- 2006 Pain physiology
- 2003 First Aid and Taping techniques

Interests

Involved in athletics from young age to international junior level, now member of Raheny Shamrocks Athletic Club competing in cross-country and road racing.

Member of Belpark Triathlon Club

Drama: Gaiety School of Acting

Referees

Mr. David Gardiner, Physiotherapist, Naas Physiotherapy Clinic,
Co. Kildare

Nessa Smyth, AAI Physiotherapy Co-ordinator, Portobello
Physiotherapy Clinic, Dublin 2

Mr. Peter Fazey, Research Lecturer, UWA, Perth, Australia

Mr. Scott Thompson, Physiotherapy Director, Sportmed,
Christchurch, New Zealand